

IP 1316\_2

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This report was generated on 16/08/21. Overall 22 respondents completed this questionnaire. The report has been filtered to show the responses for 'All Respondents'.

The following charts are restricted to the top 12 codes. Lists are restricted to the most recent 100 rows.

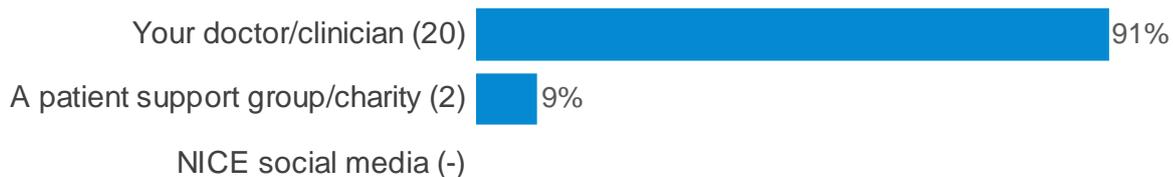
### I have read the information above which explains the purpose of the project and how any information I provide will be used



### I consent (agree) to NICE using the information I have given in the ways described above



### How did you hear about this survey?



### Other (please sepcify)

- A phone call from the hospital
- Radiographer Oncologist Dr Stephen Morris
- Radiotherapy radiographer

### Are you (the person completing the questionnaire):



### Your age (in years)

Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
22	1625	73.86	6.33	63	92	29

IP 1316\_2

### How long ago did you have the procedure?

October 2018	July 2019	18 months
2018	October 16th 2020	28th August 2020
2019	19th February 2021	1st May 2021

### In years

Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
5	9	1.8	0.45	1	2	1

### In months (OR In months)

Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
10	66	6.60	7.52	1	21	20

### In months (OR In weeks)

Count	Sum	Mean	Sample Standard Deviation	Minimum	Maximum	Range
1	6	6	0	6	6	0

### To which gender identity do you most identify?



### Did the procedure work?



IP 1316\_2

**If somewhat or no, please provide further details along with information about whether symptoms later reoccurred.**

rectal faecal matter seepage, a slight issue for a number of weeks, which settled after this period

Injected in wrong area which partially closed my anal wall.

My bowels started becoming uncertain and leaking almost immediately, becoming worse about 6 months after the course of radiotherapy. Only in the last 3 months have things more or less returned to normal - still some occasional seepage.

Have had issues with the anus during the Radiotherapy. I am currently on Scheriproct to alleviate discomfort.

**Did you have any side-effects following your procedure?**

Yes (5)  23%

No (17)  77%

**If yes, please provide further details along with information about whether symptoms later reoccurred.**

Loose bowels and slight urgency

Severe constipation and discomfort. 8 weeks

See above, and also bladder problems; now normal again.

Anal soreness and a little bleeding.

unexpected change in bowel habits; before had large very hard stools with some pain in passing (relieved somewhat by stool softener Dulcoease), after the procedure, more normal stools, well formed but no discomfort in passing - a very nice side-effect! Has not reverted back to discomfort. This change occurred before my Radiotherapy (started 13 May 2021) so not a function of the radio treatment

**How long did it take you to recover from the procedure?**

Very short time

I don't remember any problems after the procedure so almost immediately...possibly a little soreness at injection point.

The procedure was carried out at 2pm I was discharged at 4pm. The whole procedure was carried out without incident, I had no discomfort of any kind during or after my remarks to my family that it was remarkable that there was no sensation of having an implant it did not effect my bowels or my bladder. The procedure was on a Friday and I started radiation on the Monday

A couple of days slight soreness or feeling in the area between the scrotum and the anus .. but no other discomfort or bodily reaction

one day, after , a short rest was "fine"

24hrs

not aware of any side effects, but it was done at the same time as Brachytherapy

The Spacer itself did not cause me any problem at all. The radiotherapy effects wore off over the following few months. I experienced a degree of tiredness for about six weeks.

About 3 weeks/ 1 month

Almost no recovery required. Back exercising two days later.

IP 1316\_2

## How long did it take you to recover from the procedure?

Very little time. I suffered a little bleeding immediately after the procedure and a little lower back ache, but apart from that I felt no side effects at all.

8 weeks

24 hours

The spacer procedure was actually a part of the day when I received my main radiotherapy (brachytherapy), not one week in advance. I suspect that it had not had time to fully 'deploy'. Frankly, I've no idea whether it worked or not because I only had one operation and therefore nothing to compare!

24 hrs

Did not have any noticeable side effects. I was, of course, told about the possibilities of having some though.

On going

10 days.

half an hour

Felt okay within a few hours, now not aware of it.

## How did the procedure positively affect your condition and/or your quality of life?

Please consider things such as:

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- The effect on family, friends and others

I was aware of the procedure and felt fortunate to be offered the treatment. After radiotherapy I was relieved to have had the spacer but would not know if it had an effect.

I do not recall any problems whatsoever. Mentally it was good for me knowing the extra protection I was being given.

All positive no negatives and the comfort of knowing that the bridge was reducing my chances of radiation damaging my rectum and bladder

The possible side effects of my radiotherapy were explained and the benefits explained to me of the Space Oar made me grateful for having the opportunity to receive it and have a positive attitude to take forward to my prostate treatment .... I was able to perform all daily activities and continue my lifestyle without restriction... I explained to my family and close relations receiving positive reaction.

All fine!followi

Avoided possible incontinence

not aware of any particular impact. the procedure was, and that was it!

Nothing positive other than being relieved and pleased that the course of treatment was over.

Was able to carry on 90% as normal

The side and after effects were not nearly as bad as I was lead to believe. I already had problems with extensive bladder and bowel problems so apart from wearing a nappy with special pants for the above period, my life didn't drastically change. In fact I do believe that it was a great success and I was also grateful that the spacer was inserted under general a. Also being retired I could be at home most of the time anyway. Emotionally I have been through pretty good hell over the last 35 years what with and including transverse myelitis, cancer and ependymoma in the spinal cord, the latter now causing me gradual paralysis of my legs, I felt that I could and did deal with what minor after effects there were after the r/therapy. By the way the r/therapy team were outstanding! ,

IP 1316\_2

**How did the procedure positively affect your condition and/or your quality of life?**

**Please consider things such as:**

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- The effect on family, friends and others

There was no impact on any part of my life. I was glad and relieved to have had the treatment and the added protection it gave.

I had no physical symptoms apart from a little lower back ache and was able to continue with my daily activities with no problem. My quality of life was not really affected at all by the SpaceOar insertion and my state of mind was helped by the knowledge that the insertion was going to help protect my rectum from damage by the radio therapy. It had no effect on my immediate family and it didn't affect my friends as they were and still are unaware of my condition.

None

On a day to day basis, I have not noticed any difference. Not affected by any of the above

None, I felt fine until the prostate procedure.

It must have worked extremely well as I felt no ill effects from the radio-therapy. The procedure didn't seem to change anything about my daily routine.

No noticeable physical symptoms. Carried on life as an active OAP as normal. Was pleased that I was considered for the procedure and felt overall, that it was worthwhile having it done. and it certainly made me less anxious about the radiotherapy I was going to have. Naturally, I felt a little concerned when the time for the insertion came, but, it was carried out with the utmost care and I was made to feel at ease as much as possible and it was all over sooner than I had expected. Overall , only positives to report.

N/A

N/A

No discomfort during procedure

See side effects above, also mentally pleased to have the "Space Oar" as my specialist was very much in favour

No expected rectal side effects.

**How did the procedure negatively affect your condition and/or your quality of life?**

**Please consider things such as:**

- Your physical symptoms
- Your ability to perform daily activities
- Your quality of life, lifestyle and/or social life
- Your state of mind, emotional health and/or wellbeing
- The effect on family, friends and others

It did not affect me negatively as I was very pleased to be offered it, but I do not know what I would have been like if I did not have the spacer.

None

No negatives the radiation was successful I have not had any problems with my bowels or bladder. Family delighted with the outcome

There has been no negative reaction concerning any of the above situations.... my life has continued as before with the benefit of the positives above

IP 1316\_2

**How did the procedure negatively affect your condition and/or your quality of life?**

**Please consider things such as:**

- Your physical symptoms
- Your ability to perform daily activities
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- Your state of mind, emotional health and/or wellbeing
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Following the procedure, constipation was an issue for some months, but as advised by consultant, laxatives were prescribed which helped, and drinking more fruit juice and prunes, with an increase in water consumption made the symptoms easier. Since then I have managed generally without laxatives, so all is better.

No

same comment as above

Just a few weeks of fatigue, caused by the radiotherapy, not the Spacer OAR.

Nothing negative

I think that I covered that in the last q. By the way, do by all means ring me if you want any clarification - 07768 647527

No negative effects, apart from slight discomfort of the procedure itself.

The procedure didn't negatively affect my condition at all.

Had to take laxatives for weeks. In pain so had pain relief tablets. Quality of life was poor and mental health affected.

Not affected by any of the above whatsoever.

Afternoon tiredness, loss of bladder control about 6 months afterwards, poor bowel control and faeces texture, loss of strength (bicalmitude?), reduction in sporting and social life albeit offset by the pandemic which anyway reduced external activity. I was mentally robust (I was in the Army!) and sympathetically treated by family and friends.

My bladder was a bit erratic during the eight week radio treatment but that was due to the need to have a full bladder during the procedure and sometimes being over full. I didn't connect this to the Space Oar.

No negativities at all. Just so pleased that my treatment was about to commence.

Didn't

Difficulty passing faeces, sore anus. During Radiotherapy I had a bowel infection that exacerbated the issue. I was going to the toilet 3x more often. Restricted my social life and made me depressed. Wife had to help clean toilet when the incontinence caused "accidents".

None

not at all

Procedure was uncomfortable at the point of insertion however did not last long.

**Did you require anymore treatment, including procedures or surgery after this procedure?**

Yes (8)  36%

No (14)  64%

IP 1316\_2

**If yes, please provide further details.**

20 sessions of radiotherapy  
 Radiotherapy commenced 4 weeks later  
 Radiotherapy  
 radiotherapy  
 Radiotherapy.  
 15 days radiotherapy after the brachytherapy operational day.  
 Radiotherapy  
 Additional medication: Scheriproct Oinment and Scheriproct Suppositoies. Testis infection: Ofloxacin

**Would you recommend this procedure to another patient with your condition?**



**If yes, what might you tell them?**

I understood that the spacer offered additional protection to my rectum during radiotherapy, this is what I would say.  
 Having incontinence problems i know would be very emotionally and physically debilitating. Anything that protects against this has to be good and recommended.  
 Ask for it, get the protection, protect yourself I have seen no downside  
 The reasons for the procedure far outweigh the usual or possible adverse reactions documented following prostate procedures affecting other organs in the pelvic area  
 as advised,The after effects of radiotherapy would have probably become more accute and more detrimental so i would therefore recommend this procedure  
 Straightforward procedure  
 it was totally non intrusive and should have given me more protection when undergoing the radiotherapy  
 That the Spacer overcomes any bowel problem which result from radiotherapy.  
 Had no soreness during the radiotherapy  
 That it certainly worked for me!!  
 The potential benefits far outweigh the small discomfort of the procedure.  
 I would tell them that although it isn't a particularly pleasant experience to go through, it was quite painless and any discomfort or embarrassment, is far outweighed by the benefits of having protection of the rectum from radiation damage.  
 The actual procedure can be uncomfortable, but it's only for a few minutes. This procedure will contribute to a your peace of mind and confidence when undergoing radiotherapy.  
 Umm, make sure spacer treatment given in advance and expect bowel/bladder problems regardless.  
 If their Doctor had recommended the Space Oar procedure I'd tell them of my experience and try to explain that there was nothing to worry about and that the level of protection would ensure a successful and pain free result.

IP 1316\_2

**If yes, what might you tell them?**

Every clinical procedure has its risks and certainly with radiotherapy being carried out on the prostate , the risks of damage to other organs are only too obvious. But, with the insert in place it make one feel less anxious about the forthcoming therapy. Obviously, when thinking about the procedure it a little worrying, but, as soon as clinicians start, one is made to feel relaxed and the professionalism of these people is so very re-assuring. So worth having!

Protects other organs

Prevented any discomfort

In the words of my specialist "it's the bees' knees" - wonderful!

Certainly recommend that they make their own mind up and form their own opinion, as long as given the correct information.

**If the procedure had an impact on any other areas of your life that are not covered by the questions above please tell us about them here.**

None

All good, I thank all those involved for a great protective achievement that has probably saved me from the risk of many problems following radiation

not affected...very grateful for the procedure...feel sure the my positive feeling has assisted my bodies reaction to the subsequent radiation course which I have just completed.

None!

No

n/a

Since the procedure I have experienced erection problems but this is due, I imagine. to the radiotherapy and not the Spacer. Plus my age. I should be happy to respond to any other survey, or particular questions.

No

N/A

The procedure had no impact on other areas of my life whatsoever and I was very grateful to receive it.

Caused radiotherapy to be postponed which meant taking hormone tablets for longer than required.

No.

Sexual interest crashed - presumably bicalmitude - but now off bicalmitude and things improving.

At present I feel very relieved that my cancer has "gone" and of course it is early days so I am not aware of any negative impacts on my life and I am pleased that I opted for the procedure , indeed, it was almost like an insurance policy.

No

No

no.