

## Chronic pain Committee meeting 2

**Date:** 20/03/2018

**Location:** NGC Boardroom, Royal College of Physicians

**Minutes:** Confirmed

<b>Committee members present:</b>		
Polly Ashworth (PA) (via phone)		(Present for notes 1 – 4)
Chris Barker (CB)		(Present for notes 1 – 4)
Ian Bernstein (IB)		(Present for notes 1 – 4)
Diarmuid Denny (DD)		(Present for notes 1 – 4)
Benjamin Ellis (BE)		(Present for notes 1 – 4)
Jens Foell (JF)		(Present for notes 1 – 4)
Amanda Hendry (AH)		(Present for notes 1 – 4)
Roger Knaggs (RK)		(Present for notes 1 – 4)
Nick Kosky (NK)		(Present for notes 1 – 4)
Candida McCabe (CM)		(Present for notes 1 – 4)
Lucy Ryan (LR)		(Present for notes 1 – 4)
Catherine Stannard (CS)		(Present for notes 1 – 4)
John Tetlow (JT)		(Present for notes 1 – 4)
Colin Wilkinson (CW)		(Present for notes 1 – 4)
<b>Co-opted members present:</b>		
Amanda Williams (AW)		(Present for notes 1 – 4)

<b>In attendance:</b>		
Rebecca Boffa (RB)	Research Fellow	(Present for notes 1 – 4)
Katie Broomfield (KB)	Project Manager	(Present for notes 1 – 4)
Serena Carville (SC)	Guideline Lead	(Present for notes 1 – 4)
Emma Cowles (EC)	Senior Health Economist	(Present for notes 1 – 4)
Maria Cruickshank (MC)	Senior Research Fellow	(Present for notes 1 – 4)
Agnes Cuyas (AC)	Information Specialist Assistant	(Present for notes 1 – 4)
Lina Gulhane (LG)	Head of Information Specialists	(Present for notes 1 – 4)

Kyann Zhang (KZ)	Health Economist	(Present for notes 1 – 4)
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**Apologies:**

Andrew Harding (AH)	Guideline Commissioning Manager, NICE
Joe Runicles (JR)	Information Specialist, NGC

**1. Welcome and objectives for the meeting**

NK welcomed the Committee members and attendees to the second meeting of the Chronic pain guideline. The Committee members and attendees introduced themselves.

NK informed the Committee that apologies had been received. These are noted above.

NK outlined the objectives of the meeting.

**Introductions**

**2. Confirmation of matter under discussion, and declarations of interest**

JH asked everyone to verbally declare any interests that have arisen since application. The following new interests were received for this committee meeting:

**Committee Declarations of Interest**

N.B. The Committee members were recruited to this guideline using NICE DOI policy published Sept 2014.

<b>Insert initials</b>	<b>Declaration</b>	<b>Classification (as per the NICE DOI policy wording*)</b>	<b>Chair's action</b>
IB	I have accepted invitations to lecture at RCGP on 8th March 2018 (Topics: NICE LBP Guideline, Public Health aspects of musculoskeletal health, clinical examination skills) and Pulse Live Conference on 27th March 2018 (NICE LBP Guideline). The slides have been approved by NICE. Travel costs, locum costs and honoraria will be claimed from Royal College of General Practitioners and Cogora Ltd (Publishers of Pulse Live) respectively.	Direct non-financial non-specific	No action other than the process of open declaration
	I have accepted an invitation to co-	Direct non-	No action other

	present a webinar for ARMA and NHS England on the development and implementation of a musculoskeletal JSNA chapter on 6th April 2018.	financial non-specific	than the process of open declaration
DD	<p>Wrote a blog recently on the LSE USA site (no payment received) <a href="http://blogs.lse.ac.uk/usappblog/2018/02/26/why-has-the-us-opioid-crisis-not-spread-to-the-uk-thank-the-nhs/">http://blogs.lse.ac.uk/usappblog/2018/02/26/why-has-the-us-opioid-crisis-not-spread-to-the-uk-thank-the-nhs/</a></p> <p>Education officer for the Physiotherapy Pain association</p> <p>NIHR Pre-doctoral fellowship (0.6 of salary), which will explore allied health professional training to deliver brief psychological interventions for patients with long term conditions. It commenced on April 1st 2017 and ends March 31st 2018.</p>	<p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct financial non-specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p>
JF	Contributing to the Metropolitan University of Cardiff's MSc in Sports and Exercise Medicine in April by running a session on 12 April 2018 about dry needling and Acupuncture. It consists of an introduction and practical session about dry needling (palpating muscle tissue).	Direct non-financial specific	Remain in the room to answer matters of fact only for non-pharmacological reviews (where acupuncture is the intervention or comparator), but withdraw from making recommendations on this topic.
RK	<p>Publications</p> <p>Cooper AJM, Willis J, Fuller J, Benecke H, Leighton-Scott J, Andersohn F, Kim J, Maier C, Knaggs RD. Prevalence and Incidence Trends for Diagnosed Prescription Opioid Use Disorders in the United Kingdom. Pain Ther. 2017 Jun;6(1):73-84.</p>	Direct non-financial specific	Remain in the room to answer matters of fact only for pharmacological review (where opioids is the intervention or comparator), but withdraw from making recommendations on this topic.

	<p>Editorials (British Journal of Pain) Knaggs RD. Pain after surgery. Br J Pain. 2017 Nov;11(4):159.</p> <p>Knaggs R. Low back pain clinical guidelines: similarities and divergent views across the pond. Br J Pain. 2017 May;11(2):70</p> <p>Knaggs RD and Stannard C Opioid prescribing: balancing overconsumption and undersupply Br J Pain 2017;11(1):5</p> <p>Media</p> <p>Interviews by and quoted in: The Evening Standard (March 2018) Provided comment Pharmaceutical Journal (March 2018). A comment on a research study on opioid effectiveness over one year.</p> <p>Presentations</p> <p>Presentations on role of medicines in pain management: European Pain Federation (September 2017)</p>	<p>Direct non-financial non-specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>Remain in the room to answer matters of fact only for pharmacological review (where opioids is the intervention or comparator), but withdraw from making recommendations on this topic.</p> <p>Remain in the room to answer matters of fact only for pharmacological review (where opioids is the intervention or comparator), but withdraw from making recommendations on this topic.</p> <p>No action other than the process of open declaration</p>
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	<p>NHS Gloucestershire CCG Persistent Pain Masterclass for Prescribing Support Pharmacists and Community Pharmacists (November 2017)</p> <p>British Society of Geriatrics (November 2017)</p> <p>Association of Anesthetists of Great Britain and Ireland (January 2018)</p>	<p>Direct non-financial non-specific</p> <p>Direct non-financial non-specific</p> <p>Direct non-financial non-specific</p>	<p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p> <p>No action other than the process of open declaration</p>
CM	<p>Research grant under review with Arthritis UK for development of electronic medical device for pain relief: Targeting pain-related adaptations in sensorimotor interactions for the relief of persistent pain. Outcome of this grant will be known by July 2018. If funded the grant supports researchers in my team and the University provides me research time commensurate with the time allocated to me in the grant.</p>	<p>Indirect financial non-specific</p>	<p>No action other than the process of open declaration</p>
CS	<p>Lecture Royal College of Psychiatrists: Substance Misuse in Older People (15 February 2018)</p> <p>Interview with journalist for Evening Standard special series on opioids. Quoted by journalist (October 2017)</p> <p>Evening Standard: Opioids and chronic pain</p>	<p>Direct non-financial non-specific</p> <p>Direct non-financial specific</p> <p>Direct non-financial specific</p>	<p>No action other than the process of open declaration</p> <p>Remain in the room to answer matters of fact only for pharmacological review (where opioids is the intervention or comparator) but withdraw from making recommendations on this topic.</p> <p>Remain in the room to answer matters of fact only for pharmacological review (where opioids is the intervention or comparator) but withdraw from making</p>

	<p>Interviewed on Radio 4 Today Programme (16.03.2018) about the latest opioid prescribing statistics from NHS digital.</p>	<p>Direct non-financial specific</p>	<p>recommendations on this topic.</p> <p>Remain in the room to answer matters of fact only for pharmacological review (where opioids is the intervention or comparator) but withdraw from making recommendations on this topic.</p>
JT	<p>Presenting at Royal College of Occupational Therapy Study Day on 23 April (delivering training on outcome measures – Canadian Occupational Performance Measure).</p>	<p>Direct non-financial non-specific</p>	<p>No action other than the process of open declaration</p>
CW	<p>I am working with Warwick Medical School and South Tees Hospitals NHS Trust to deliver a clinical trial testing an intervention to reduce patients' opioid use for long-term pain across parts of North East England. I am paid for my time delivering the sessions but have no financial interest in funding applications.</p> <p>I am receiving payment as an employee on (effectively) a zero hours contract from Warwick Medical School.</p> <p>The IWOTCH trial is testing training and nurse support against usual care to see which is better at getting people off opioids. The training is delivered by a nurse and a patient. I am one of the patients delivering it. Each training course lasts 3 days, and I will probably deliver 5 courses this year. My contract is unlikely to be renewed thereafter.</p>	<p>Direct financial non-specific</p>	<p>No action other than the process of open declaration</p>
AW (co-opted member)	<p>Epidemiological study of opioid prescription in UK British Journal General Practice online</p>	<p>Direct non-financial specific</p>	<p>Remain in the room to answer questions only for pharmacological interventions, but withdraw from recommendation</p>

	Comment in Evening Standard chronic pain	Direct non-financial specific	discussion.  Remain in the room to answer questions only for pharmacological interventions, but withdraw from recommendation discussion.
<p>NICE DOI policy classifications are:</p> <ul style="list-style-type: none"> <li>• Personal financial specific</li> <li>• Personal financial non-specific</li> <li>• Personal non-financial specific</li> <li>• Personal non-financial non-specific</li> <li>• Non-personal financial specific</li> <li>• Non-personal financial non-specific</li> </ul> <p>The DOI register was made available to NK. NK reviewed the DOI register and deemed that none of the original DOIs were in conflict with the agenda topics and clinical questions under discussion at the meeting.</p>			
<p><b>3. Presentations and discussion</b></p>			
<p>3.1 RB presented one evidence review comparison for pharmacological management.</p> <p>3.2 MC presented the draft protocol for pain management programmes.</p> <p>3.3 MC presented the draft protocol for safety of opioids.</p> <p>3.4 MC presented the draft protocol for exercise.</p> <p>3.5 MC presented the draft protocol for electrotherapy.</p> <p>3.6 MC presented the draft protocol for acupuncture.</p> <p>3.7 MC presented the draft protocol for manual therapy.</p> <p>3.8 KZ led a discussion on health economic prioritisation and the economic plan.</p>			
<p><b>4. Any other business</b></p> <p>The group discussed next steps and agreed action points.</p>			

**Date of next meeting:** 01/05/2018

**Location of next meeting:** Boardroom, Royal College of Physicians