

**NICE GUIDANCE
PREVENTING OBESITY: WORKING WITH LOCAL
COMMUNITIES**

6th Meeting of the Programme Development Group

Wednesday 14th September 2011

Royal College of Anaesthetists, London

Attendees:	<p><i>Programme Development Group (PDG) Members:</i> Harry Rutter (Chair), Esther Trenchard-Mabere, Andy Sutch, Justin Varney (arrived at 10.30am), Ian Reekie, Susan Biddle, Mark Exworthy, Erica Dobie (arrived at 10.15am), Paul Lincoln, Gail Findley (arrived at 10.20am), Susan Jebb (arrived at 3.10pm)</p> <p><i>NICE:</i> Jane Huntley, Adrienne Cullum, Karen Peploe, Alastair Fischer, Andrew Hoy, Victoria Axe, Nicola Ainsworth (Observer)</p> <p><i>Expert:</i> Kim Hastie, Patrick Lingwood</p>
Apologies:	<p><i>PDG Members:</i> Susan Jebb, Andy Jones, Martin Wiseman, Marcus Grant, Philip Insall, Matthew Capehorn, Chris Drinkwater, Sara Ellis, Patrick Myers, Tricia Harper, Ceri Phillips</p> <p><i>NICE:</i> Jane Cowl</p>

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Audience	PDG members, NICE team, the public (via web publication)

Item		Action
<p>1. Welcome and introduction</p>	<p><i>Introductions</i></p> <p>Members were informed that the usual Chair had given apologies for this meeting and that Harry Rutter would be Chairing this meeting today.</p> <p>The Chair noted that there has been some confusion surrounding the dates of the PDGs. Members were encouraged to check future dates and asked to make every effort to attend where possible.</p> <p>The PDG were informed that Steve Allender and Ceri Philips will be joining the PDG.</p> <p>The Chair introduced Nicola Ainsworth to the CPHE team and also as an observer to the PDG meeting.</p> <p>Due to the large number of apologies for this meeting, the PDG was not quorate. This meant that the PDG were not able to make any decisions at the meeting. Any areas requiring decisions would have to be noted and then the full PDG's view requested via email or rolled over to the next meeting.</p> <p><i>Apologies</i></p> <p>The Chair gave apologies from Sara Ellis, Martin Wiseman, Chris Drinkwater, Andy Jones, Ceri Phillips, Philip Insall, Susan Jebb, Patrick Myers, Matthew Capehorn and Tricia Harper.</p> <p>Marcus Grant has resigned from the PDG due to the focus of the revised scope and work pressures.</p> <p><i>Dol</i></p> <p>The PDG members were asked to Declare all conflicts of interest:</p> <ul style="list-style-type: none"> • Paul Lincoln declared obesity modelling work being undertaken by National Heart Forum. • Harry Rutter declared he is director of a public health consulting company. <p>Action: PDG members to update their declaration of interest forms and send to the NICE Team</p>	<p>PDG</p>

	<p><i>Minutes of previous meeting</i></p> <p>The Chair went through the minutes from the previous meeting and no changes were made. The PDG members attending the meeting agreed that these were an accurate account of the last meeting. [Full committee agreement was obtained subsequently by email].</p> <p>It was noted that all agreed actions at the last meeting have been undertaken.</p>	
<p>2. Consultation on the evidence and call for evidence</p>	<p>Adrienne Cullum (AC) gave a presentation on the consultation on the evidence and the call for evidence.</p> <p>The PDG discussed the responses from consultation and ideas of where other sources of evidence could come from. They also considered any gaps in evidence and how this might be taken forward and the implications for the expert workshop and fieldwork (dedicated session on this would occur later in the morning).</p> <p>The Chair noted that there are some useful lessons that can be made from the Scottish Government report.</p> <p>Action: Esther Trenchard-Mabere to forward suite of reports from Tower Hamlets Healthy Towns work.</p> <p>Action: Gail Findlay to forward interim evaluation for Well London.</p> <p>Action: NICE to follow up Kirklees submission for Expert Workshop.</p> <p>Action: Mark Exworthy to provide short paper on distributed leadership.</p> <p>The PDG were reminded to stay close to the evidence base and were asked whether there were any further experts NICE should approach.</p> <p>The Chair stressed the importance of long term evaluation and asked the PDG to think about how to do this simply and cheaply.</p> <p>The Chair suggested inviting senior members of the Public Health England transition team to the next PDG meeting.</p> <p>Action: Jane Huntley (JH) to discuss this idea with the Director of Public Health at NICE.</p> <p>It was noted that there may be particular issues in terms of local authority schedules and timeframes that the project</p>	<p>ETM</p> <p>GF</p> <p>NICE Team</p> <p>ME</p> <p>JH</p>

	should align with as much as possible.	NICE Team
3. Expert Testimony: Department of Health National Support Team	<p>The PDG introduced themselves to Kim Hastie (KH), previously of the Department of Health Child Obesity National Support Team (CONST).</p> <p>KH gave a presentation on the expert testimony of the Obesity National Support Team. KH noted that the CONST came to a close at the end of March 2011.</p> <p>KH discussed the barriers and facilitators that may influence the delivery and effectiveness of a local, community-wide approach, as well as what factors need to be considered to ensure local, community-wide approaches are robust and sustainable.</p> <p>The PDG asked KH a number of questions in regards to her presentation.</p> <p>Action: KH to give JH the names and contact details of her colleagues in Hull and Hartlepool.</p> <p>KH mentioned that the Strategic High Impact document as well as her presentation on core cities would be useful to the group.</p> <p>Action: KH to forward these documents to NICE and the PDG</p> <p>KH agreed that there are important gaps in the evidence base of interventions to support local actions.</p>	<p>KH</p> <p>KH</p>
4. Expert Testimony: Cycling Cities	<p>The PDG introduced themselves to Patrick Lingwood (PL), Walking and Cycling Officer from Bedford Borough.</p> <p>PL gave a presentation on cycling cities and towns and cycle demonstration towns.</p> <p>PL presented the statistics of use of bicycles in the UK compared to other European cities. PL summarised by giving the PDG suggestions on how to successfully promote walking and cycling.</p> <p>The PDG asked questions in regards to the presentation.</p> <p>The Chair noted that NICE will soon be working on guidance to promote Walking and Cycling.</p>	
5. Expert workshop and	Adrienne Cullum (AC) gave a presentation on the expert workshop and fieldwork. AC mentioned that the workshop	

<p>fieldwork</p>	<p>will take place on 4th and 5th of October. The draft agenda for the workshop was tabled. The PDG were asked to consider what they would want out of the day as a whole and questions for specific speakers. The PDG were informed that the workshop will be run according to Chatham House rules.</p> <p>Action: The group to think about what questions they want to ask the experts. The PDG to let the NICE team know if there are any gaps in the topics or any gaps in the experts, due to be covered at this expert workshop.</p> <p>Members noted that there was a potential gap in regards to working in partnership with local business / industry.</p> <p>Action: AC asked the PDG for a suggestion of someone who can provide an overview of working with local business / industry. All invited speakers asked to consider this issue.</p> <p>Action: ME to provide some information on leadership and CSR.</p> <p>AC informed the group that Word of Mouth has been contracted to undertake fieldwork through October and listed the areas fieldwork will be undertaken in. These are as follows: Newcastle, Sheffield, Barking and Dagenham and Lincolnshire. There will be interviews and a workshop in each of these areas.</p> <p>Action: The PDG to let NICE know if there are particular people within these areas that Word of Mouth should be contacting.</p> <p>Action: AC to send the agenda for the next PDG meeting to the PDG</p> <p>It was confirmed that the evidence looked at for the Spatial Planning guidance can be referred to in this guidance.</p>	<p>PDG</p> <p>PDG</p> <p>ME</p> <p>PDG</p> <p>AC</p>
<p>6. Economic analysis</p>	<p>Alastair Fischer gave a presentation on the economic analysis – “Obesity Cost effectiveness”.</p> <p>It was noted that we are looking at both the prevention of weight gain as well as promotion of weight loss.</p> <p>The Chair asked for clarification of the term partnership working. The PDG discussed this. It was agreed that there is no simple definition and that there are different levels of partnership.</p>	

<p>7. Developing recommendations</p>	<p>Justin Varney, Andy Sutch, Susan Biddle and Paul Lincoln left the meeting at 3pm.</p> <p>Susan Jebb arrived at 3.10pm</p> <p>Jane Huntley (JH) stated that the PDG need to begin thinking about recommendations and asked the group to consider the framework to use.</p> <p>Action: The PDG to consider potential framework(s) for developing the recommendations. Those members that are new to the PDG to look at existing NICE Guidance.</p> <p>There was a discussion about the difficulties in using the term obesity</p> <p>Action: PDG to consider most appropriate terms for use in the final guidance – eg obesity, healthy weight, preventing excess weight gain.</p> <p>Action: NICE to re-circulate all existing NICE recommendations of direct or indirect relevance to this guidance.</p> <p>Further discussion was made around the way the future guidance may look.</p>	<p>PDG</p> <p>NICE Team</p> <p>NICE Team</p>
<p>8. AOB</p>	<p>Susan Jebb asked the PDG to think about October's meeting and what they are looking to gain from the expert presentations.</p> <p>Susan Jebb thanked Harry Rutter for Chairing the meeting.</p> <p>The Chair informed the PDG that due to the short turnaround time the group will only have one week with the documents before the October meeting.</p> <p>The Chair also informed the group that the review proposal for the CCP guideline on Obesity is currently out for consultation.</p>	
<p>9. Next meeting</p>	<p>4th and 5th October at the Royal College of Paediatrics and Child Health, London</p>	
<p>10. Close</p>	<p>The meeting closed at 4pm</p>	